



# ProsafeBeef General Assembly and Conference

Tuesday 5<sup>th</sup> – Thursday 7<sup>th</sup> October 2010  
IBERS, Aberystwyth University, Wales UK

## DELEGATE INFORMATION PACK

### OUTLINE SCHEDULE

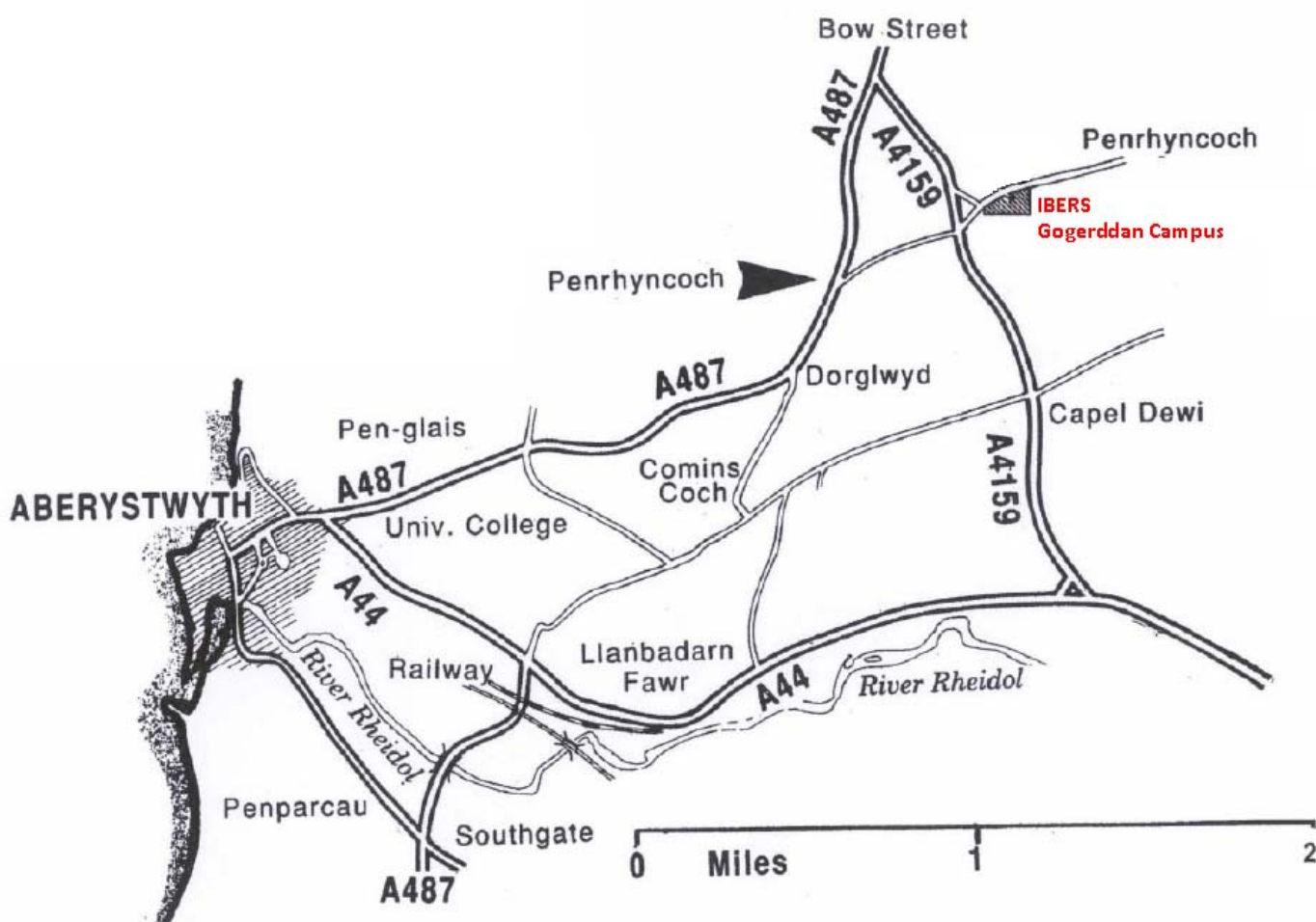
Tuesday 5 <sup>th</sup> October	09:45 – 10:15	Welcome Meeting	Gogerddan Campus, Aberystwyth
	10:30 - 17:00	6 x Pillar Meetings (Closed, PSB Partners Only) With Buffet Lunch	
	Evening	Pillar Dinners	Aberystwyth Town Centre
Wednesday 6 <sup>th</sup> October	09:30 – 10:30	General Assembly (Closed, PSB Partners Only)	Gogerddan Campus, Aberystwyth
	10:30 – 11:00	Conference Registration	
	11:00 – 13:00	Conference: Part I (Open to All)	
	13:00 – 14:00	Buffet Lunch	
	14:00 – 16:00	Beef Industry Workshop (Open to All)	
	16:00 – 17:00	Primary Producer Workshop (Open to All)	
	Evening	Conference Dinner (Open to All)	Penbryn Building, Penglais Campus, Aberystwyth
Thursday 7 <sup>th</sup> October	09:30 – 16:00	Conference: Part II (Open to All) With Buffet Lunch	Gogerddan Campus, Aberystwyth

### ABSTRACTS

Abstracts may be submitted as either for short oral or poster presentation. Closing date for receipt of abstracts is 6<sup>th</sup> August 2010. See [www.prosafebeef.eu](http://www.prosafebeef.eu) for further details.

## VENUE

The conference will be held the Institute of Biological, Environmental and Rural Sciences (IBERS), Aberystwyth University, Gogerddan Campus, Aberystwyth, Ceredigion, Wales UK SY23 3EB.



## ABERYSTWYTH HOTEL ACCOMMODATION

It is recommended that delegates seek accommodation within Aberystwyth town centre and use the Conference's free coach service to travel from the town centre to the Gogerddan Campus each day. A selection of recommended accommodation is listed below.

- **Gwesty Cymru Hotel**, 19 Marine Terrace, Aberystwyth  
[www.gwestycymru.com](http://www.gwestycymru.com)  
Room charge: From £80 per night
- **Belle Vue Royal Hotel**, Marine Terrace, Aberystwyth  
[www.bellevueroyalhotel.co.uk](http://www.bellevueroyalhotel.co.uk)  
Room charge: From £70 per night
- **Four Seasons Hotel**, Portland Street, Aberystwyth  
[www.fourseasonshotel.uk.com](http://www.fourseasonshotel.uk.com)  
Room charge: From £60 per night
- **Yr Hafod Guest House**, 1 South Marine Terrace, Aberystwyth  
[www.yrhafod.co.uk](http://www.yrhafod.co.uk)  
Room charge: From £30 per night

# TRAVEL TO & FROM ABERYSTWYTH

## Travelling from Airports

**Birmingham International:** From Birmingham Airport's own train station, regular trains run to and from Aberystwyth, taking approximately three and a half hours.

**Cardiff International:** Passengers who have a valid train ticket can catch the free shuttle bus from the Airport terminal to the Airport's own train station. From here, catch the train to Cardiff Central Station and then you have the choice of travelling by bus or train to Aberystwyth.

By bus: Catch the X40 Arriva bus which runs twice a day at 11:10am and 6:15pm. This runs all the way to Aberystwyth, passing through Carmarthen and Aberaeron taking approximately four hours.

By train: Catch a train to Shrewsbury where you can catch another train to Aberystwyth, taking approximately four hours.

**Gatwick Airport (London):** The train journey from Gatwick takes approximately six hours. Catch the direct train to London Victoria Station, then use the Underground's Victoria Line to reach London Euston Station for connecting services to Aberystwyth via Birmingham New Street.

Alternatively you could take the [National Express](#) coach to Birmingham and then at Birmingham switch to another coach to take you to Aberystwyth. The coach departs from Gatwick airport at 11:35am and the journey to Aberystwyth will take approximately 8 hours and 30 minutes in total.

**Heathrow Airport (London):** The London Underground will take you from Heathrow Airport to Euston for regular onward trains to Aberystwyth.

Alternatively you could take the National Express coach to Birmingham and then at Birmingham, switch to another coach to take you to Aberystwyth. The coach departs from Heathrow airport at 1:00pm and the journey to Aberystwyth will take approximately seven hours and five minutes in total.

**Luton Airport (London):** From the airport, take the [Express Coach](#) to Milton Keynes Central Railway Station (1 hour). From there catch a train to Birmingham New Street Station and then another on to Aberystwyth. The journey should take approximately 5 hours and 15 minutes.

**Stanstead Airport (London):** Take the train from Stanstead Airport to Tottenham Hale Station and then the Underground to Euston station. Once there, catch the train to Birmingham New Street Station. From there, switch to a train to Aberystwyth. The journey should take around 7 hours.



## Travelling by Train

There are regular train services to Aberystwyth from North Wales and the Midlands (travelling from the east all services pass through Shrewsbury). Please refer to the National Rail Enquiries web site ([www.nationalrail.co.uk](http://www.nationalrail.co.uk)) for train times and route options. Aberystwyth Railway Station is situated in the town centre, adjacent to the Bus Station and Taxi Rank.

## Eurostar

Eurostar trains from Paris and Brussels arrive at London St. Pancras. It is about a fifteen minute walk to London Euston for onward trains to Aberystwyth via Birmingham New Street.

## Ferry Links

**Fishguard:** Fishguard is the arrival port for ferries from Rosslare. If you then need to use public transport to get to Aberystwyth, take the 412 bus to Cardigan and then change onto the X50 to take you to Aberystwyth.

**Holyhead:** Holyhead is the arrival port for ferries from Dublin and Dun Laoghaire. Catch either a train or bus from Holyhead to Bangor and then the X32 to Aberystwyth if you need to use public transport.

## Travelling by Car

Aberystwyth is easily accessible by road. From the east the A44 climbs through the Cambrian Hills and down to the coast, and from the north or south, take the A487 coast road. If you are planning on using a Sat Nav to navigate to Aberystwyth you will find the following information useful:

Location	Postcode	Grid Reference
Penglais Campus	SY23 3BY	52.417739 4.065292
Gogerddan Campus	SY23 3EB	52.433066 4.016922
Aberystwyth Town Centre and Promenade	SY23 2AX	52.414664 4.088252

If you are travelling to the Penglais campus it is recommended that you use the directional signage once you are near to Aberystwyth town. If you are travelling to the Gogerddan campus, it is recommended that you avoid using minor roads, even if your Sat Nav directs you to use them.

**Parking:** Parking at the Penglais Campus is available to visitors. Upon entry to the site, please stop at the Warden's Office on the left-hand side and request a visitor parking-permit which will be need to be displayed in your vehicle. Visitor parking is also available on the Gogerddan site. Please park and report to Reception on arrival. Please be aware that parking in Aberystwyth Town Centre is very limited. If booking a hotel, please tell them if you also require parking.

## CONFERENCE TRANSFERS

The Gogerddan campus is approximately three miles from Aberystwyth town centre. A free coach service will be available to transfer delegates from Aberystwyth town centre. This coach will collect from the main Promenade (map below) each morning between 09:00 and 09:15 for transfer to the Gogerddan campus and will return delegates from Gogerddan to the Town Centre at the close of each day. A map showing the bus collection point is below.

Delegates will, however, need to arrange their own transport to local restaurants and the conference dinner during the evenings.

# MAP: ABERYSTWYTH TOWN CENTRE

## Travel Links

- 1 Aberystwyth Train Station and Taxi Rank
- 2 Conference Coach Meeting Point

## Conference Locations

- 3 Penbryn Building, Penglais Campus
- 4 Gogerddan Campus (off map)

## Hotels

- 5 Gwesty Cymru Hotel
- 6 Belle Vue Royal Hotel
- 7 Four Seasons Hotel
- 8 Yr Hafod Guest House (off map)

